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# Traveling with Children Doesn't Have to be a Chore

It's true that traveling with children, especially very young children, can be a challenge. However, by following just a few simple and easy tips, your trip will be relaxing and enjoyable for all of you.

- Keep your important documents like passports, tickets, boarding passes and birth certificates in a place that's easy to grab so you don't have to carry them. When traveling with children, you need to keep your hands free for more important things.
- Expect travel delays when traveling they are inevitable and with young children this can be a nightmare. Have a bag of age-appropriate games, books and puzzles to keep your children entertained during delays.
- Arrive early to the airport or port. With security
  measures being much higher now, it takes longer
  for everyone to get through the line. Hanging
  around in one of the shops for last minute souvenirs
  travel delays and cranky kids.
- Get baby his or her own seat. Most airlines will allow you to hold your baby during the flight but that can be uncomfortable for both of you, especially on longer flights. Buy the extra seat and bring a comfortable baby seat.
- Check the stroller. Don't try to carry it back to your seat and have an already small area even more crowded. Leave it at the door of the airplane when you board and pick it up as you walk off.
- Research family-friendly airlines if you're planning to fly to your vacation destination. Some airlines will offer bottle warming services, changing tables and even staggered meals to allow parents to feed babies first and then enjoy their own meal.

All in all it's important to remember to take things in stride when traveling. Kids will be cranky for a variety of reasons, the hotel may not be up to snuff or any number of other issues may arise. The important thing to remember is you're all together and making family memories.



#### **DECEMBER 2012**

Hello! We are pleased to send you this monthly issue of *Kreative Kidz Newz!* It is our way of saying that you are important to us and we truly value our families. Please feel free to pass this newsletter on to friends and neighbors. Enjoy!

#### **Monthly Joke**



## Only as good as your equipment?

As a professional photographer, Julie took a lot of pride in her work, and brought samples everywhere she went in hopes of getting new business.

One evening she was at a dinner party, and her host asked to see her portfolio. She showed him over a dozen pictures, and the host was impressed.

"These are some really nice shots," he told her. "You must have a great camera."

Julie was annoyed at the suggestion that it was her camera, not her talent, that allowed her to take great pictures. But she said nothing until the meal was over. "That dinner was excellent," she said.

"Thank you," said the host, pleased.

"I prepared it myself."

Julie smiled. "You must have some great pots."

## **Monthly Quote**

"There are two kinds of statistics: the kind you look up and the kind you make up."

— Rex Stout

## **Tips for Studying Online**

Studying online is very different from campus study, and this makes it important to understand that the skills for online study can also be different. Once you have decided on what form of online study is right for you, there are a few easy tips to follow that ensure that you can make studying online both simple and successful.

One such tip is to remember that while studying online is intended to fit in with the other demands and commitments of your everyday life that does not mean that you still don't need to have plenty of discipline and motivation when it comes to your studying, because you certainly do.

It is also a good idea to avoid going the other way and thinking that you can study much more than is wise or necessary or even healthy. Set realistic deadlines and stick to them, the same as are given for campus study.

#### **E-Parenting**

Technology has opened the doors to social networks all around the globe, enormous amounts of information and new opportunities for career development. Parents need however to help their children to be selective with their use of technology and to monitor their use of the internet and software. Therefore it is vital for parent to understand some of the terms associated.

A "Chat Room" is the name of an online service which enables users to be able to communicate with one another about a set topic in "real time", in comparison to a delayed discussion such as email.

The term "download" means to copy a file which exists on one computer system onto another.

"Email" is a method of sending messages electronically via computer (or these days, mobile phones as well).

The "Internet" itself refers to the global collection of computer networks which allow people to locate and make use of information as well as to communicate with others.

## **Make Decision Making Less Stressful**

Although consumers frequently say that the thing they want most is more options, the fact is that that is not actually borne out by their purchasing choices. The number of choices open to them coupled with the flood of information regarding all these products often do little more than overwhelm consumers, resulting in their making poor decisions, abandoning making purchases altogether, regretting purchases or changing their minds continually. Even after they have made their purchases, around one fifth of consumers continue to do research in order to assure themselves that they have made the right decisions.



A good management tip is to assist your customers in simplifying their decisions by removing less popular products or aiding them in navigating their choices by providing them with trustworthy information that they then can use in order to weigh the alternatives. Decision simplicity rather than choice overload is what really helps consumers.

## **Holiday Tips for Parents and Teenagers**

When it comes to keeping teenagers amused during long school holidays, there are a number of good practical solutions for parents.

One good tip is to actually go out and organize some fun activities yourself. It is also important to always remember to keep calm no matter how trying the circumstances may be and to maintain your sense of humor regardless.



It can also be a good idea to contact local community resources, some of which may even actually have school holiday programs designed for this very purpose. The internet can also be a valuable source of information regarding such activities.

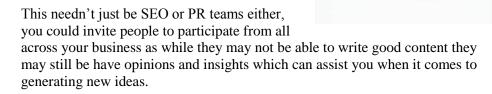
Even (or sometimes especially) during school holidays there will be a variety of employment, school and training options aimed at young people which are well worth looking into.

Teenagers should also avoid the danger of stressing over their exam results from the end of the previous school year and, if necessary, can even ask for some support from a nearby agency.

## **Finding Inspiration for Blogging**

Even with the very best of intentions trying to continually come up with new ideas for posts to your blog can be very difficult, if not completely overwhelming. Far too often the company blog ends up being all but abandoned because the company is bereft of ideas. The good news is that there are ways to make sure that this does not happen to you.

One good tip is to make use of your colleagues by getting them together for brainstorming sessions.



Another good way of producing good copy over a longer period of time is to serialize your blog posts, making a series of blog posts on the same topic rather than blowing everything you have to say on the subject in one post.



One of the best ways to burn calories is to eat food which contains a lot of protein. Proteins have been discovered to have a thermic effect on the human body resulting it in it



burning calories literally while it is digesting the protein!

For the best results, a lean protein source should be included in every meal. Experts believe that eating around five or six small meals per day which include a lean protein source such as the likes of beans, fish, peanut butter, and low fat cheese or chicken is an excellent way of revving the metabolism and ensuring that you will feel fuelled and suitably energized all throughout the day.

Other sources of protein include such foods as quinoa, nuts, seeds, beef or eggs. When it comes to foods which help to burn away those unwanted calories, protein is most definitely the most powerful of them all.

## **Don't Listen to TV Finance Shows**



There are a number of good reasons why TV finance shows are not the smartest choice for investment advice.

For one thing, the aim of these shows is to get the biggest audience they can in order to sell more advertising, with their financial experts there as much to be entertainers as they are to be smart investors, and they have no accountability whatsoever for the results of their advice.

TV finance shows also come with a great deal of conflicting information on account of the sheer number of advice and tips that such shows give out day after day.

Finally much of the information in these shows amounts to predictions as to how industries or stocks will behave over the short term, such as next week, with investments which are made on such predictions and hot topics often costing investors dearly.

TV finance shows are fine for entertainment, but for real advice an independent professional financial advisor is the best way to go.





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**Good News and Information for Our Friends and Families** 

**DECEMBER 2012** 

#### **Chocolate Festival and Christmas Tree Lighting**

The annual Milsom Place Chocolate Festival in Bath has been delighting chocoholics of all ages for five years now with promises of samples, luxurious treats and the opportunity to discover edible gifts. The event takes place from between 10 am to 5 pm on Saturday the 4th and Sunday the 5th of December in the courtyards of Milsom Place. Also in December in the United States is the traditional lighting of Christmas trees during the first week of the month. In large cities in the United States, especially the likes of New York City and Washington DC, the first week of December has become the traditional time in which to officially welcome in the start of the Christmas holidays with Christmas tree lightings and pageants which feature special holiday performances and music. A number of celebrations also take place which use this time to present or light the Hanukkah memorial.



From the desk of:

### Amia Homberger

We appreciate your questions and comments! Please feel free to offer suggestions as to how we may serve you and your families. Email to:

<u>info@kreativekidzowasso.com</u> or come on in for a tour of our facilities and see what we can do for you.

## No registration fees...ever!

Full time - part time - drop in - hourly. Ages 6weeks – 11years Transportation to all Owasso schools 6am-6:30pm Mon - Fri

## The Biggest Meteorite to Ever Fall to Earth

The largest meteorite to ever have been discovered on the planet Earth is the Hoba meteorite. The Hoba Meteorite was discovered in 1920 in Namibia in Africa by a farmer ploughing his field, who found its metallic top just underneath the surface of the earth .



The meteorite had fallen to Earth eighty thousand years before and was composed of iron, weighing a mammoth sixty thousand kilograms, the biggest mass of iron known to exist on the planet. To this day the Hoba meteorite continues to lie in its original landing spot in Namibia and has become a national monument, capable of drawing in thousands of tourists each and every year.

The largest meteorite ever to be found in the United States meanwhile is the Williamette meteorite, which was found in Oregon's Williamette Valley back in 1922. The Williamette meteorite can now be found displayed at America's Museum of Natural History.