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Family Fun on a Shoestring

It's a common thing today: most families have two working parents. It's a must just to survive, let alone for a family to have anything extra like even a small vacation. Even if you're careful to watch every penny spent, there are still plenty of ways to have some family fun even on a shoestring.



- Season passes: Whether you're heading to a theme park, water park or zoo, most will offer season passes at a decent discount. If you live close enough that you could visit one of these places often, don't be put off by the initial dollar amount investment and buy the season pass. You'll find that because of the discounted prices, most season passes pay for themselves in just a couple of visits. Although the passes only cover the price of admission it can still save you money on food by allowing you to leave the park to eat and be readmitted without being penalized.
- Do you have a second-run theatre near you? These are theatres that play new release movies, but after they've already been released in the big theatres. What's the point? Well think about it this way: when you go to see a new release when it first comes out, you're likely to spend \$8-\$10 per ticket, per person. With a family of 4 or more, you're looking at \$40 in tickets and that's before you buy snacks and drinks. A second-run theatre will play the same movie in its entirety but a few weeks after it's considered a "new release". These theatres tend to charge \$5 or less per ticket. Worth the wait don't you think?
- Consider the minors. If you are a family of sports enthusiasts but can't quite swing the cost of even general admission tickets to see your favorite sports team, consider checking out a local minor league game instead, or even a local high school or college game. These smaller teams have smaller venues and typically smaller audiences so they do what they can to fill the seats – even charge as little as \$5 for a general admission ticket. Some will even offer a ticket and snack package.

These are just a few ideas to get your creativity flowing. Just because you're watching your pennies doesn't mean you have to sit at home on the couch and watch each other.

November 2012

Hello! We are pleased to send you this monthly issue of *Kreative Kidz Newz*. It is our way of saying that you are important to us and we truly value our families. Please feel free to pass this newsletter on to friends and neighbors. Enjoy!

Monthly Joke



A test of strength and wits

The new guy at the construction site was bragging about how strong he was.

After a while, one of the older workers decided he'd had enough.

"Why don't you put your money where your mouth is?" Leo asked. "I'll bet you a hundred dollars that I can haul something in a wheelbarrow to the other side of this lot and you won't be able to push it back."

"You're on, old timer," the youngster replied. "Show me what you've got."

Leo grabbed the wheelbarrow by both handles. Then he smiled at the young man. "All right—get in."

Monthly Quote

"What work I have done I have done because it has been play. If it had been work, I shouldn't have done it."

—Mark Twain

Learning a New Language



Memorizing can be an important tool for learning a new language. This can be something as simple as just one short sentence in a foreign language. You can select such a sentence in order to be able to assimilate the info in it. This does not refer just to such things as grammar and syntax or even the words themselves but to the context of the words and what they may reveal about the culture of the language you are attempting to learn. Famous quotations are a good example. Those learning English have innumerable examples to choose from, but for those learning other languages a quick search of the Internet will soon reveal many such examples in whatever foreign language it is that you are studying. Memorizing such sayings not only improves your language skills but also helps you slowly build a range of meaningful sentences with which you can impress others.

Dinosaur Facts

The dinosaur known as the Supersaurus was discovered in the Upper Jurassic Morrison Formation in Colorado forty years ago. It was given its name, which means “super lizard,” thirteen years later in 1985 by Jim Jensen. The Supersaurus vivianae was a member of the Diplodocid family and was enormous. One of the most read-about and discussed dinosaurs that ever lived is of course the Tyrannosaurus rex, which has become an icon of today’s movie culture. The T-rex, as it has been nicknamed, existed around sixty-five million years ago in the late Cretaceous period and was, as every schoolchild worth his or her salt knows, a carnivore. The name means “tyrant lizard king,” an appropriate moniker for a beast that was among the most frightening and biggest dinosaurs of its time. Despite its reputation, the T-rex was actually not the biggest dinosaur that ever lived. Although this was believed for some time, the discovery of both the Carcharodontosaurus and the Giganotosaurus proved that “fact” to be wrong.

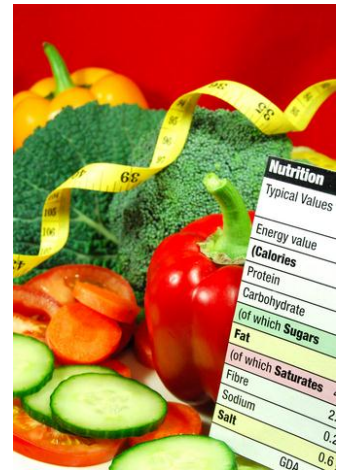
Nutrition Tips

One important tip to remember regarding nutrition is that it is crucial to eat at regular intervals, preferably every three to five hours, as this assists with keeping your blood sugar level stable.

You should also try to drink six to eight glasses of water per day in order to remain hydrated, and eat around five servings of vegetables and fruit per day just for the sake of your general health and well-being.

Another important thing to take into consideration is that despite the bad press that they have received in the media over the years, pasta, potatoes and bread, as well as other carbohydrates, will not actually make you fat on their own.

It is what is eaten with these foods – such as cheese, butter and cream sauce – that results in weight gain. Carbohydrate foods such as the above are in fact important for your body.



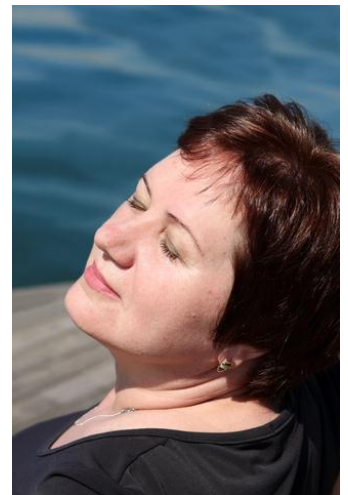
Adopt a Sunny Position

Getting some sun is great for your health. Sunlight is of vital importance to both our physical and our mental health, and failing to get enough sunlight can actually be a cause of depression as well as increase the likelihood of developing osteoporosis and having a weakened immune system. It is very important to get at least a little sun each and every day.

Of course, catching a little sun every day does not mean lying in the yard or on the beach and baking for hours on end.

It means more along the lines of having a cup of coffee while sitting on your porch or talking to a friend on a park bench for ten minutes, not sunbathing. Just ten to fifteen minutes of fresh air and sunshine per day can make an enormous difference in the state of your health.

Morning or late afternoon is the best time to get some sun, and you certainly don’t want to put yourself at risk of skin cancer by spending too much time out in the full heat of the day.



Secrets to a Happy Family

Happy families often seem as though they belong solely on television in today's world, but the good news is that the secrets to having a happy family are neither overly mysterious nor difficult to achieve.

One good tip for having a happy family is quite simply to enjoy one another. The essence of a truly happy family is that they genuinely make each other feel uplifted – which comes down to nothing more than how they treat one another. Treat each other in a respectful and loving fashion, and everyone in the family will always be happy to see one another.

Swapping stories is another good way of keeping families close. Ask your children what they did in school when they come home, and make sure that you have a story to share with them about your day as well.

Kids should come first, and having something to share with them gives them something to look forward to.



Signs You May Need Glasses

Vision is one of our most important assets and not something we should ever take for granted. We must make sure to pay attention to spot any issues concerning our eyesight so we can take appropriate action early on, something that is even more important if you already have problems with your vision.

There are some signs to look for that indicate that you may need glasses or a new prescription.

Watching TV can give a good hint about the condition of our eyesight. If the images have started to become fuzzy or you are having difficulty reading text on the TV screen, it could indicate that you need your vision checked.

Blurred vision, double vision and headaches are other signs that you may be experiencing problems with your vision. Frequent headaches are often a sign of a problem with eyesight, as is sensitivity to light.



Simple Finance Tips

A number of finance tips are extremely easy to understand and just as simple to follow and yet can make a huge difference to your overall financial situation once they have been successfully implemented.

One such tip is to try to put away at least 10 percent of your weekly income, more if at all possible. Make saving a habit and it will soon become second nature.

Another good tip is to plan ahead. It may sound dull to think about drawing up a financial plan, but it is those who do this and have both definite goals and a clear path to achieve those goals who end up becoming hugely successful. Making sure that you have a reasonable fund for your retirement is also very important. Such funds do not count as part of your net worth either, which means that they are an economical method of creating a low-tax safety net for yourself.

Restoring Poor Work/Life Balance

People who are suffering from a poor work/life balance are easy to spot and know who they are. They are the ones who can barely make it through to the end of the day, let alone the end of the week, and who feel as though they are forever behind in the game of life.

The good news is that there are some things that people who are caught in this situation can do to turn it around. One good tip is to visualize your perfect life. Write down ten things you would really like to accomplish and set goals to make them happen.

Goals can relate to work and finances, of course, but in order to provide a successful work/life balance they also need to include areas such as family and friends, fitness, faith, and even fun. Fun may seem like an odd goal to some, but the reality is that if you're not having any, there is something very wrong with your work/life balance and it is no wonder you are lacking energy and enthusiasm.



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A MONTHLY NEWSLETTER TO INFORM AND ENTERTAIN OUR CUSTOMERS

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Nice Voice Mails Are Not Listened To

Nice voice mails get deleted in today's new world of high-flying executives and decision makers. Anything that does not immediately get their interest or instantly seem to be related to what they need will be deleted automatically. Many B2B salespeople will call a prospect and leave a voice mail that begins with them identifying themselves and then the company they work for. The awful reality in today's world is that the message was probably deleted before the prospect even heard the company name, for the simple reason that it sounded just like every other voice mail the person was getting from other salespeople, including your competitors. The trick to avoiding having your voice mail deleted before you even have the chance to get your message across is to stop being so nice and sounding just like everyone else. You need to be bold, confident and unique in your approach, and you need to give a message that is instantly relevant to the prospect. The opening line of your voice mail should trigger instant curiosity about how you can resolve their issue, problem or situation.



From the desk of
Amia Homberger

We appreciate your questions and comments! Please feel free to offer suggestions as to how we may serve you and your families. Email to:

info@kreativekidzowasso.com or come on in for a tour of our facilities and see what we can do for you.

No registration fees...ever!

*Full time - part time - drop in - hourly.
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Telecommuting Pros and Cons

Telecommuting, which tends to be defined as working from a home office at least a couple of days a week, is on the rise. Around 15 percent of the workforce in the United States ten years ago worked via telecommuting, a number that is sure to have increased in the decade since, while a more recent survey of more than five thousand human resources professionals found that 35 percent of companies allow employees to telecommute at least on a part-time basis, with 21 percent allowing them to telecommute full time. Jobs that lend themselves to telecommuting tend to fall into three task categories – routine data handling (for example, work done by telemarketers, reservation agents and customer service representatives), mobile activities (such as those of insurance surveyors or salespeople), and professional and other knowledge-based work (such as that of analysts, attorneys and writers). HR managers need to be aware of the benefits of telecommuting for their organization but also to be conscious of the downsides, with some short-term disruption inevitable if telecommuting is adopted.

